

Las Almendras ~ Almonds



Did you know?

Each almond tree fruit has 3 parts, all of which are used.

The Shell

Shells go to various alternative farming uses such as livestock bedding.

The Kernel

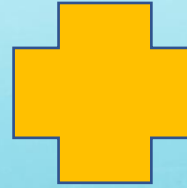
Kernels are the nutrient-rich almonds we eat. Every ounce of almonds—28g or about a handful—contains 6g of energy-packed protein, 4g of hunger-fighting fiber, 13g of “good” unsaturated fat and only 1g of saturated fat.



The Hull

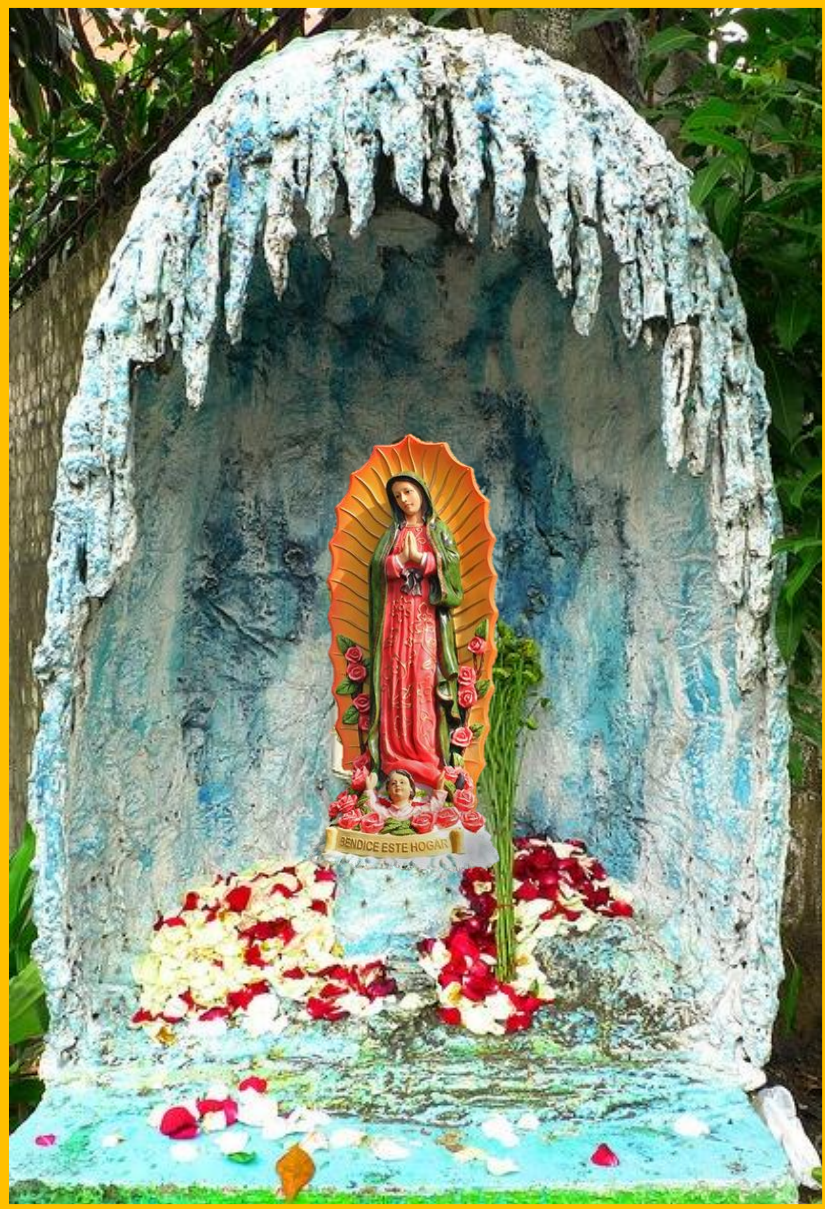
The hull is the dry and fuzzy outer layer. Hulls are sold as livestock feed, which reduces the amount of water used to grow other feed crops.





Here are the items Miguel and Alfonso used to create their surprise for Esperanza and Ramona.





Which shrine to Our Lady of Guadalupe fits the novel's description best?



FIG. 214. MARCEL WAVING
Flat but deeply-waved bandeau



FIG. 215. MARCEL WAVING
Flat bandeau with oblique waves

In the days when long hair was the prevailing fashion, it was sometimes necessary to combine two styles of waving on one head. Many clients favoured a bandeau, so that when the hair was put up, the front and sides of the *coiffure* presented an appearance somewhat out of keeping with the chignon and back-dressing. In such cases, it was necessary for the hairdresser to separate the back hair, waving it after the manner explained for the pompadour style, but leaving the front for separate and different treatment.

The back hair is waved first, then the front portion, which becomes a bandeau, is suitably parted, and the waves are made parallel to this parting. Most of the modern shingle modes demand similar treatment, the waves having an appropriate adjustment to the parting.

Bandeaux can be made to appear flat or bulging, by the simple expedient of holding the hair low or high whilst waving it; hair well lifted up with the waves rolled in deeply will produce the bulgy, or



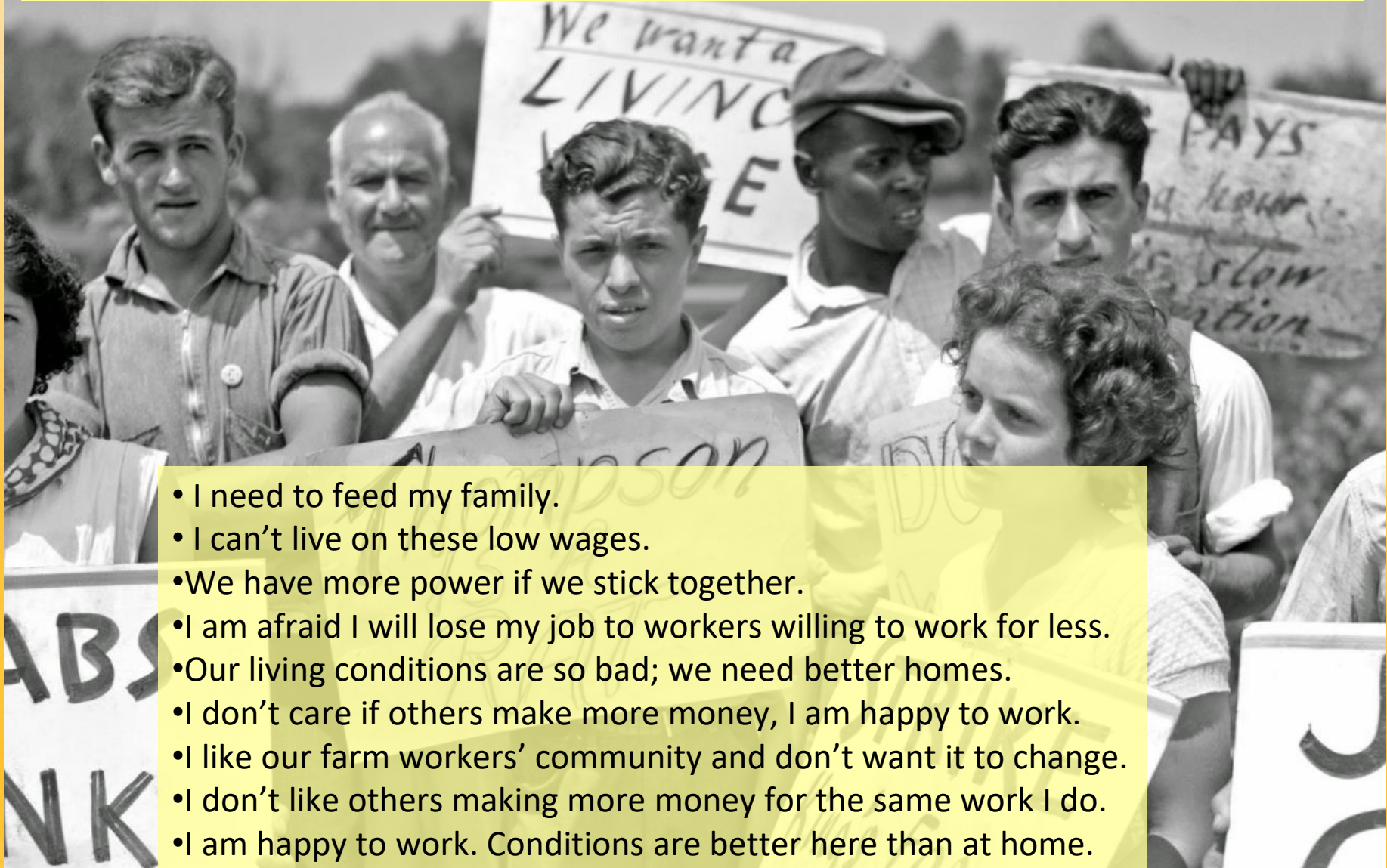
so desired, can be produced by only slightly lifting the hair, that is to say, only raising it just sufficient for the insertion of the irons. As the hair is waved, so will it lie in the final dressing of the *coiffure*.

Marcel was most thorough in his work, and he waved the hair section by section until every hair of the head that it was possible to wave had been treated. It may be added that waving so thoroughly done



Clothing and hair styles change over time. In the 1930s women liked to crimp or curl their hair using a hot iron. (see above)
Women wore a slip under their dresses as part of their under garments. Dresses hung better and skin was shielded from itchy fabric.

Which statements support a strike (pro) and which are against (con)?



- I need to feed my family.
- I can't live on these low wages.
- We have more power if we stick together.
- I am afraid I will lose my job to workers willing to work for less.
- Our living conditions are so bad; we need better homes.
- I don't care if others make more money, I am happy to work.
- I like our farm workers' community and don't want it to change.
- I don't like others making more money for the same work I do.
- I am happy to work. Conditions are better here than at home.



Huge dust storms ruined farmland (right) and the biggest financial crisis ever called “The Depression” drove desperate “Okies” or people from Oklahoma to California. Dorothea Lange took this famous photo (left) of a suffering migrant woman and her kids.





Match the food to the picture:

1. Flan de almendra
2. Tamales
3. Mexican candy
4. Arroz with peppers & onions
5. Rolled tortilla
6. Mexican sweet rolls
7. Agua de Jamaica



A

B

C

G

D

F

E



Comprehension Questions for Las Almendras ~ Almonds

1. What is the special surprise for Esperanza and Ramona?
2. Why does the surprise remind Esperanza of her papa?
3. What happens when Esperanza is ready to take a bath?
4. What does Isabel see at the fiesta that she wants?
5. How does Marta disrupt the party?
6. *A juntos* is a political group. Why does Marta want that?
7. What does Esperanza pray for? What about Ramona?